

Dr. John Sherman, expert in lumbar disc surgeries, identifies that AnchorKnot® herniated disc repair technology can benefit discectomy patients

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Dr. John Sherman has performed the first herniated disc repair at Twin Cities Orthopedics using the AnchorKnot® Tissue Approximation Kit.

As a renowned surgeon, recognized by Becker's Spine Review for his contributions to the advancement of spine surgery, Dr. Sherman has long identified the need to provide herniated disc repair. "Many studies have shown the size of the disc defect correlates with poor outcomes" as such, "if the AnchorKnot system can effectively reduce the size of the defect then it may be possible to have better procedural outcomes."

At Twin Cities Orthopedics, micro discectomy procedures are among the most commonly performed procedures. In the 20+ years that Dr. Sherman has been practicing, a common question arises from his patients: "Patients ask me what will happen to the hole left behind in the disc. It is intuitive to them that something must be done to close the hole, but until now, that hasn't been possible." Having used the AnchorKnot system to effectively repair the disc, Dr. Sherman may now have an answer for them. While the nature of the injury differs from patient to patient, Dr. Sherman adds "I would use the AnchorKnot® system not only for young patients, but for anyone who is diagnosed with a lumbar disc herniation and is deemed a suitable patient for herniated disc repair."

Neil Godara, General Manager of Anchor Orthopedics, comments that "as we are providing the AnchorKnot® system to more hospitals, we are finding that many surgeons share Dr. Sherman's assessment on the need for our technology for use in herniated disc repair procedures. We are focused on providing a holistic solution to improve the outcomes of discectomy procedures and to reduce the rate of re-hospitalizations. Ultimately, we are focused on delivering value to patients, physicians and the healthcare system."

Twin Cities Orthopedics is one of the leading orthopedic practices in the country. As the official sports medicine provider for the Minnesota Vikings, and the naming rights partner for the new home of the Minnesota Vikings in Eagan at the Twin Cities Orthopedics Performance Center and the Twin Cities Orthopedics Stadium, Twin Cities Orthopedics will also be opening a new orthopedic clinic adjacent these facilities in Spring 2018, demonstrating a strong commitment to providing world class orthopedic and sports medicine care to patients.

About Twin Cities Orthopedics

For more than 75 years, Twin Cities Orthopedics has proudly provided a full spectrum of orthopedic and sports medicine care, devoted to the diagnosis, treatment, rehabilitation and prevention of injuries and conditions that affect the body's muscles, joints and bones. TCO's 115 physicians provide superior quality care across 39 state-of-the-art facilities in the Twin Cities and western Wisconsin. Visit TCOmn.com to learn more.

About Anchor Orthopedics

Anchor Orthopedics XT Inc., the developer of the AnchorKnot® Tissue Approximation Kit, aims to provide surgeons with novel solutions that optimize procedures in disc repair in an effort to preserve the biomechanics of the patient and improve surgical outcomes. Our mission is to work closely with surgeons on all aspects of development to create clinical solutions that serve to improve the lives of patients around the world. Anchor Orthopedics XT Inc., located in Mississauga, Canada, is a subsidiary of Baylis Medical Company Inc.



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